



INGLEWOOD GOLF AND CURLING CLUB

<u>Introduction</u>	2
Overview of Relaunch Plan	2
<u>Application</u>	2
<u>Goals</u>	3
<u>Scope</u>	3
<u>Reducing Congestion and Facilitating Foot Traffic</u>	3
<u>Additional Time between Leagues</u>	4
<u>Entering and Exiting the Curling Rink</u>	4
<u>On-Ice Modifications</u>	4
<u>Starting a Game</u>	4
<u>Designating In-Game Curler Positioning; Sweeping</u>	5
<u>Completing the End; Measurements</u>	6
<u>Modifications for Wheelchair and Stick Curling</u>	6
<u>Limiting Contact with Rocks</u>	6
<u>Strict Adherence to Duration of Game Play</u>	6
<u>Ending the Game & Reporting Results</u>	7
<u>Restricting Use of Rental Equipment</u>	7
<u>Modification of F&B Services</u>	7
<u>Implementing Additional Sanitizing Practices</u>	8
<u>Monitoring Compliance and Managing Risk</u>	8
<u>Compliance</u>	8
<u>Waivers and Other Risk-Management Documents</u>	9
<u>Injury/Incident on the Ice</u>	9
<u>Appendix “A”: In-game Curler Positioning</u>	10
<u>Appendix “B”: Informed Consent, Assumption of Risk, Waiver & Indemnity</u>	11
<u>Appendix “C”: Covid-19 Declaration</u>	13

Relaunch Plan

August 21st, 2020



Introduction

The essential element to mitigating the spread of COVID-19 is physical distancing. Curling, with its highly social nature and the proximity of teammates and opponents while on the ice, presents a challenge to those jurisdictions devising relaunch strategies and organizations operating curling programs. Relaunch strategies involve both on and off-ice components.

Curling, as part of “*Indoor Sport, Physical Activity and Recreation*”, has been included in Stage 2 of the Province of Alberta’s relaunch, which took effect on June 12, 2020. Accordingly - and subject to continuing regulation and guidelines - curling may now resume in Alberta and the Inglewood Golf and Curling Club (the “IGCC” or the “Club”) is now planning for an on-time start to the 2020-21 season, which implies activating the ice plant in early September.

The current *Indoor Sport, Physical Activity and Recreation Guideline*, among other things, notes the following:

- Individual organizations should look to their provincial or national associations for additional guidance; provided it contains standards that are in compliance with any applicable public health regulations.
- It is up to individual organizations to ensure they are in compliance with all applicable public health regulations.
- All organizations should consider developing and disseminating written plans.
- The province of Alberta will NOT be reviewing written plans (which we take to mean both a plan developed by Curling Alberta or plans developed by individual curling clubs).

The IGCC will monitor any guidelines issued by Curling Alberta and/or Curling Canada and will assess them for possible implementation in this Relaunch Plan.

Overview of Relaunch Plan

We hope that the provisions set out in this plan are as temporary as possible; but curlers should be prepared to have them in place for an indefinite period of time.

Application

This Relaunch Plan applies to all IGCC and Associate League play. All other curlers or facility users should consult with IGCC management to determine any variations applicable to them.



Goals

Our goals in creating this Relaunch Plan are to:

- Maximize the safety, comfort, and enjoyment of our curlers.
- Adhere to provincial health regulations.
- Provide a clear set of rules/guidelines that are: fair; easily understandable; can be consistently applied during the curling season; and flexible enough to accommodate changes in the pandemic status.
- Be consistent with on-ice protocols developed by other local curling clubs, while acknowledging that variations may occur from facility to facility.

Scope

This document broadly covers two areas: the return-to-curling (on-ice) portion; and the off-ice component. The following topics are specifically addressed:

- Reducing congestion and facilitating foot traffic in all areas of the Club.
- Modifying on-ice play and directing curler positioning.
- Modifying food and beverage ("F&B") services.
- Restricting access to certain areas of the Club.
- Implementing additional sanitizing practices.
- Monitoring compliance and managing risk.

It is important to note that circumstances may change prior to, or during, the curling season, because of developments in public health regulations and/or IGCC operational requirements. While the IGCC has attempted to identify and plan for multiple scenarios, there is no assurance that the Relaunch Plan will adequately address all circumstances; and the IGCC may, in that event, amend the Relaunch Plan. Accordingly, curlers should carefully consider their ability to assume both known and unknown risks associated with curling at the IGCC in the context of the Re-launch Plan. Such risks include, but are not limited to: contracting COVID-19; and having all or a portion of the curling season cancelled due to public health regulations and/or IGCC operational requirements

Reducing Congestion and Facilitating Foot Traffic

The IGCC members lounge, lounge, stairwells and hallway to the entrance of the curling rink typically have significant foot traffic. In order to stay within the provincial guidelines Inglewood is going to implement some new rules which are highlighted in the below sections.



Additional Time between Leagues

League start times will be staggered 30 minutes instead of the 15 minutes previously followed. This will allow for the additional cleaning, disinfecting and flow of league members in and out of the rink.

Entering and Exiting the Curling Rink

All curlers will enter the IGCC via the front doors. Prior to league play curlers can go into the members lounge up to 30 minutes prior to their start time. There will be additional broom storage set up near the members lounge to reduce the traffic in the locker rooms and the current bench area outside the women's locker room.

Entering the rink will be via notification from staff by sheets:

- Staff will notify teams on sheets 1 and 6 to make their way to the rink;
- Staff will then notify sheets 2 and 5 to make their way to the rink
- Staff will then notify sheets 3 and 4 to make their way to the rink.

No-touch footwear cleaners will continue to be provided in the entranceway.

Following your league play there are two exit options:

- If you are staying after your league play in the lounge, please follow the hallway past the ladies locker room and up the stairwell by the north-west doors (the entrance doors)
- If you are leaving the facility after league play, please exit via the north-east doors.

On-Ice Modifications

Starting a Game

- Once in the arena, acknowledgments should be made between teams as quickly as possible without physical contact (no handshakes, no high-fives); and curlers should disperse onto the ice as far as required to ensure physical distancing so that: (a) other teams can pass along the end boards to their sheets; and (b) the order of play can be established between the thirds.
- The order of play to determine hammer will be established by mutual agreement between the thirds (personal coin, handled by only one curler; cell phone app; etc.).
- Once the order of play has been determined, curlers should assume their positions as indicated below.
- Note: the IGCC will **not** be starting games on adjacent sheets alternately at the home and



the far ends; however, this accommodation may be considered in the future.

Designating In-Game Curler Positioning; Sweeping

The following in-game protocols will be adopted. Please refer to Appendix “A” for a diagram of the recommended positioning:

- Only one person is permitted to sweep for the entire duration of a shot (the “Designated Sweeper”).
- While a rock thrower (the “Thrower”) is in the hack:
 - The sweepers from the opposing team should position themselves along the side boards between the hog lines in the designated areas.
 - The person next delivering a rock should position him/herself on the boards behind the Thrower.
 - The Designated Sweeper should position him/herself outside the home hogline in the designated areas.
 - The remaining team member who is not the Thrower, Designated Sweeper or the person holding the broom (the “Skip”) should position him/herself along the side boards between the hog lines in the designated areas.
 - The Skip for the throwing team should position him/herself in a spot that is no farther back than the hack and no farther ahead than the top of the house.
 - The Skip of the opposing team should position him/herself in a spot that is at least as far back as the hack.
- Once a rock is delivered:
 - The Designated Sweeper may commence sweeping only after the rock crosses the near hogline. He/she is the only person permitted to sweep the delivered rock *or any other of that team’s rocks* (i.e., taps and raises) during the shot.
 - The Thrower, upon releasing the rock, should hold his/her position.
 - If required, the Skip of the throwing team should ensure that he/she is retreating to accommodate the approach of a Designated Sweeper.
 - Until all rocks come to a complete stop, all other curlers must hold their positions.
 - The opposing team may not sweep their own rocks at any time if they are put in motion; and may not sweep the Thrower’s rock behind the t-line.
 - Designated Sweepers may change during the end but not during a shot.
 - While transitioning in between shots, curlers should be aware of each other’s positions on the ice in order to maintain physical distancing.

In-ice decals will mark designated areas.

All other interaction among team members, including (but not limited to) strategy discussions or putting the broom down for the Skip, must be done in compliance with physical distancing rules.



Completing the End; Measurements

The completion of an end traditionally involves a lot of movement where curlers congregate. While moving quickly to designated standing areas, these additional protocols will help promote physical distancing and safe handling of equipment.

- Repositioning rocks. The person holding the broom for the last shot of the end (presumed to be the third) is responsible for pushing the rocks of **both** teams to their positions in their respective corners (using the broom or feet only). See the section below entitled “Limiting Contact with Rocks”.
- Putting up the score: only one person to handle score number. The third of the team with hammer in the first end (who may also be the person repositioning the rocks) will be solely responsible for putting up the score for the entire game. Only they will touch the score cards. As per usual practice, the thirds will agree on the score upon the completion of each end.
- Measurements. At the start of the game – the teams will choose a player who will be solely responsible for handling all measuring devices during the game. Only they will touch the devices. In the interest of physical distancing and respecting the fair-play and honor system of curling, the opposing team will not have the opportunity to inspect the measurement and will accept the measuring curlers call. Disposable wipes will be provided proximate to each measuring device and handlers will be requested to use them before and after use.

Modifications for Wheelchair and Stick Curling

Modifications of these protocols (if required) for wheelchair and stick curling will be discussed with league representatives.

Limiting Contact with Rocks

- Curlers may handle their own rocks; but may not touch other rocks with their hands. If repositioning other rocks, curlers should use their brooms.
- Curlers should not clean the bottoms of their rocks with their hands; they should use their brooms.
- Under no circumstances should curlers change rocks with another curler during a game.
- In addition to the sanitizing protocols outlined in this Relaunch Plan, the IGCC will provide sanitizing wipes in the arena.

Strict Adherence to Duration of Game Play



In order to facilitate on-time starts to the next draw, as well as to permit IGCC ice staff to effect proper between-draw sanitizing practices, it is critical to ensure that no games last more than two hours. Accordingly, when the buzzer goes the curlers will FINISH THEIR CURRENT END ONLY not an additional end.

There will be no tie breakers and a draw to the button will only be permitted if within the allowed two hour time slot.

All curlers will be asked to be mindful of their speed of play to ensure the most ends possible could be played

Ending the Game & Reporting Results

- Upon completion of the game, the two curlers in the house push the rocks to the starting position while maintaining social distancing. When moving the rocks only brooms or shoes should be touching the rocks.
- Curlers will gather up personal belongings and leave the arena as soon as possible via designated exits, while being aware of the position and movements of fellow game participants and those from other sheets.
- Game results should not be manually recorded by curlers on the bulletin boards (all writing implements will be withdrawn). Results of IGCC league games should be emailed to your league representative.

Restricting Use of Rental Equipment

To properly manage its inventory of rental brooms and sliders, all IGCC members and Associate League curlers are requested to bring their own equipment and to not use the Club's. There will be brooms/sliders/shoes available on site for purchase.

Modification of F&B Services

The IGCC will continue to provide food and beverage service during the 2020-2021 season; subject to the physical distancing requirements outlined by the Government of Alberta's published guidance for "*Restaurants, Cafes, Pubs and Bars*". As of the date of this document, the two main elements of the guidance are:

- Each "Dining Party" must be at least 2 metres from another.
- Dining Parties are restricted to not more than 6 people.
- Masks must be worn when leaving your table to use the facilities or entering and exiting the building.

The IGCC will be reconfiguring the lounge accordingly.



Implementing Additional Sanitizing Practices

In order to ensure the safety of IGCC staff and curlers, the following incremental protocols will be implemented.

- The IGCC will provide all staff with PPE in accordance with government guidelines or industry best-practices, such as latex gloves and, if appropriate, masks.
- The IGCC will provide multiple hand sanitizing stations in the facility, including: the foyer, arena (one at the end of each sheet), lobby, lounge, kitchen, bar and bathrooms.
- IGCC staff will wipe down:
 - Rock handles before each new league.
 - Score numbers and measuring devices after every draw.
 - Door handles, table tops and other high-touch items on a schedule to be determined..
- Contracted cleaning staff will be instructed to perform daily cleaning in a manner that pays particular attention to “high-touch” areas.

Monitoring Compliance and Managing Risk

Compliance

While the IGCC is hopeful that all curlers will respect both the letter and intent of this Relaunch Plan, Government of Alberta public health regulation imposes an obligation on the IGCC to monitor compliance. Should curlers be found knowingly or unknowingly out of compliance, IGCC staff will be instructed to sensitively provide direction. Should further breaches occur, enforcement may include, but is not limited to: a request to leave the IGCC for the balance of that day; and/or suspension from attending at the IGCC.

In the event curlers observe non-compliance with the Relaunch Plan during the game, they are encouraged to politely approach the other individual and, in the spirit of what has always made curling the friendliest game, outline their concern. Should the behaviour continue to be out of compliance, then curlers should alert IGCC staff.



Waivers and Other Risk-Management Documents

All curlers will be required to sign the following documents, prior to their first game:

- *Informed Consent, Assumption of Risk, Waiver & Indemnity* (Schedule “B”); with a modified version for minors to be signed by a parent or guardian.
- *Covid-19 Declaration* (Schedule “C”)

Given the extremely serious repercussions associated with COVID-19, **curlers will not be permitted on the ice unless these documents are signed**. We are working with our web host to make these available for electronic signature online; and/or by downloading the documents on our website with delivery of a signed hard copy to the IGCC office.

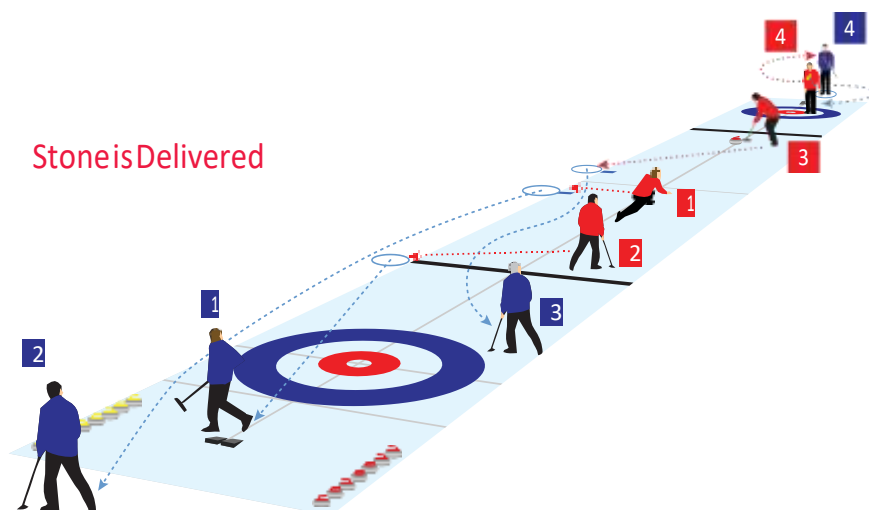
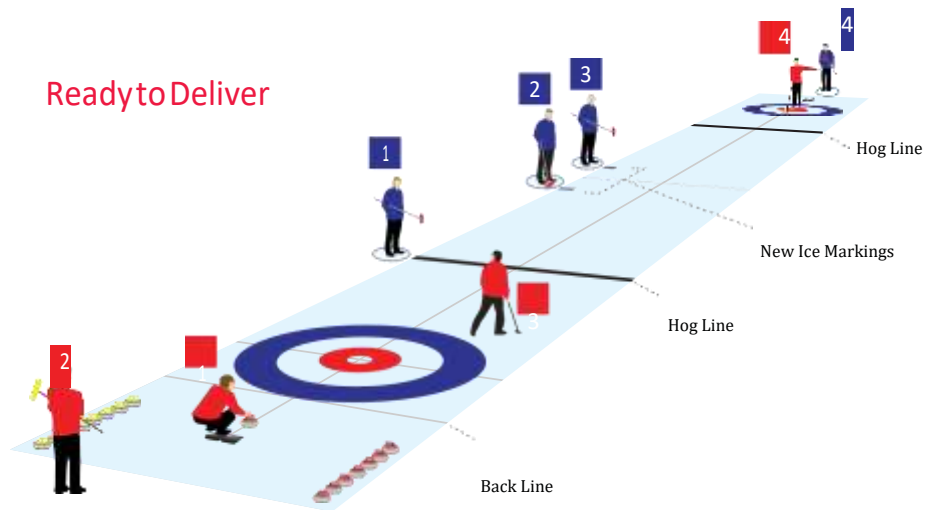
Injury/Incident on the Ice

The IGCC is in the process of formulating modified injury/incident response practices and will publish these in due course.



Appendix “A”: In-game Curler Positioning

Appendix 5: Distancing Illustrations





Appendix “B”: Informed Consent, Assumption of Risk, Waiver & Indemnity

Participant's Name:	
Email:	Telephone:

WARNING! ALL INDIVIDUALS ENTERING THE FACILITY AND/OR PARTICIPATING IN SANCTIONED ACTIVITIES MUST COMPLY WITH THIS DECLARATION

Curling Canada

Inglewood Golf and Curling Club (collectively the “Organization”) require the disclosure of exposure or illness is in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

An individual (or the individual’s parent/guardian, if the individual is younger than the age of majority) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization’s facilities or participate in the Organization’s activities, programs, or services.

I, the undersigned being the individual named above and the individual’s parent/guardian (if the individual is younger than the age of majority), hereby acknowledge and agree to the terms outlined in this document:

- 1) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
- 2) The individual has not been diagnosed with COVID-19; **OR** If the individual was diagnosed with COVID-19, the individual was cleared as noncontagious by provincial or local public health authorities more than 14 days prior to the date this Declaration of Compliance was signed.
- 3) The individual has not been exposed to a person with a confirmed or suspected case of COVID-19; **OR** If the individual was exposed to a person with a confirmed case of COVID-19, the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.



- 4) The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual's parent/guardian, on behalf of the individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.
- 5) The individual has not, nor has anyone in the individual's household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).
- 6) If the individual experiences, or if anyone in the individual's household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the individual will immediately isolate, notify the Organization, and not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.
- 7) The individual has not, nor has any member of the individual's household, travelled to, or had a lay-over in any country outside Canada, or in any province outside of Alberta in the past 14 days. If the individual travels, or if anyone in the individual's household travels, Alberta after submitting this Declaration of Compliance, the individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.
- 8) The individual is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.
- 9) The individual will follow the safety, physical distancing, and hygiene protocols of the Organization.
- 10) This document will remain in effect until the Organization, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.
- 11) The Organization may remove the individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.

Signature: _____
Individual (if the age of majority)

Date: _____

Signature: _____
Parent/Guardian (if the individual is younger than age of majority)

Date: _____



Appendix “C”: Covid-19 Declaration

Individual Name (print):	
Individual's Parent/Guardian Name (print): (If younger than the age of majority)	
E-Mail:	
Telephone:	

WARNING!

ALL INDIVIDUALS ENTERING THE FACILITY AND/OR PARTICIPATING IN SANCTIONED ACTIVITIES MUST COMPLY WITH THIS DECLARATION.

The Inglewood Golf and Curling Club (the “IGCC” or the “Club”) requires the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

An Individual (or the Individual's parent/guardian, if the Individual is younger than the age of majority) who is unable to agree to the terms outlined in this document is not permitted to enter the IGCC facilities or participate in the Club's activities, programs, or services.

I, the undersigned, being the Individual named above, or the Individual's parent/guardian (if the Individual is younger than the age of majority), hereby acknowledge and agree to the terms outlined in this document:

1. COVID-19, has been declared a worldwide pandemic by the World Health IGCC and COVID-19 is extremely contagious. The IGCC has put in place preventative measures to reduce the spread of COVID-19 and requires all Individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
2. The Individual has not been diagnosed with COVID-19; **OR** If the Individual was diagnosed with COVID-19, the Individual was cleared as non contagious by provincial or local public health authorities more than 14 days prior to the date this Declaration of Compliance was signed.
3. The Individual has not been exposed to a person with a confirmed or suspected case of COVID-19; **OR** If the Individual was exposed to a person with a confirmed case of COVID-19, the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.



4. The Individual is attending or participating voluntarily and understands the risks associated with COVID-19. The Individual (or the Individual's parent/guardian, on behalf of the Individual (when applicable) agrees to assume those risks, including, but not limited to exposure and being infected.
5. The Individual has not, nor has anyone in the Individual's household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).
6. If the Individual experiences, or if anyone in the Individual's household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the Individual will immediately isolate, notify the IGCC, and not attend any of the IGCC's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.
7. The Individual has not, nor has any member of the Individual's household, travelled to, or had a layover in any country outside Canada in the past 14 days. If the Individual travels, or if anyone in the Individual's household travels, outside of Canada after submitting this Declaration of Compliance, the Individual will not attend at the IGCC's facility until at least 14 days have passed since the date of return.
8. The Individual is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of 2 meters from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19. The Individual will follow the safety, physical distancing, and hygiene protocols of the IGCC.
9. This document will remain in effect until the IGCC, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.
10. The IGCC may remove the Individual from the facility or from participation in the activities, programs or services of the IGCC at any time and for any reason if the IGCC believes, in its sole discretion, that the Individual is no longer in compliance with any of the standards described in this document.

Signature of Individual: (or Parent/Guardian)	
Date:	